

Mount Disappointment Endurance Run 50-Mile Logistics

Locations	Distance Between Points	Cummulative Distance	Elevation (ft)	Elevation Gain (ft)	Elevation Loss (ft)
Start (Mt. Wilson)	0.00	0.00	5650	0.0	0.0
Kenyon Devore Trailhead	0.50	0.50	5630	0	20.0
Eaton Saddle	2.00	2.50	5090	0	540.0
Markum Saddle	0.50	3.00	5270	180.0	0
Mt Disappointment Trail	0.80	3.80	5515	245.0	0
Begin Lower Mt D. Trailhead	0.20	4.00	5750	235.0	0
Mt Wilson Road	1.30	5.30	4750	0	1000.0
Red Box (Aid #1)	0.40	5.70	4640	0	110.0
Switzer (Gabrielino Trail)	4.20	9.90	3300	0	1340.0
Clear Creek Trailhead (Paved Road)	0.40	10.30	3500	200.0	0
Clear Creek (Aid #2)	0.50	10.80	3650	150.0	0
2N64 Fire Road	0.20	11.00	3640	0	10.0
End 2N64 (Aid #3)	2.40	13.40	4890	1250.0	0
Josephine Saddle (Colby CYN Trail)	0.50	13.90	4840	0	50.0
Colby Canyon Trail to Strawberry TR	3.20	17.10	4460	0	380.0
Strawberry Trail to Lawlor Saddle	1.80	18.90	5200	740.0	0
Mt. Lawlor Saddle to Red Box (Aid #4)	2.30	21.20	4640	0	560.0
Gabrielino Trail to Red Box Road	0.70	21.90	4160	0	480.0
Valley Forge	2.00	23.90	3480	0	680.0
West Fork (Aid #5)	2.30	26.20	3050	0	430.0
Westfork to Newcomb	3.30	29.50	4015	965.0	0
Newcomb to Fireroad Saddle (Aid #6)	0.45	29.95	3970	0	45.0
Fireroad Saddle to OHV Gate	0.95	30.90	3940	0	30.0
OHV Gate to Fireroad Saddle (Aid #7)	0.95	31.85	3970	30.0	0
Fireroad Saddle to San Gabriel River	3.00	34.85	2800	0	1170.0
San Gabriel River to Shortcut (Aid #8)	6.00	40.85	4750	1950.0	0
Sortcut to Silver Mocassin Trail Head	0.55	41.40	4640	0	110.0
Siver Mocassin Trail to Westfork (Aid #9)	3.30	44.70	3050	0	1590.0
Westfork to Kenyon Devore (Gabrielino Trail)	1.00	45.70	3470	420.0	0
To Kenyon Devore (Gabrielino Trail)	0.50	46.20	3720	250.0	0
Kenyon Devore to Mt. Wilson	3.10	49.30	5630	1910.0	0
Finish (Mt. Wilson)	0.70	50.00	5650	20.0	0
Totals =		50.00		8545.0	8545.0

